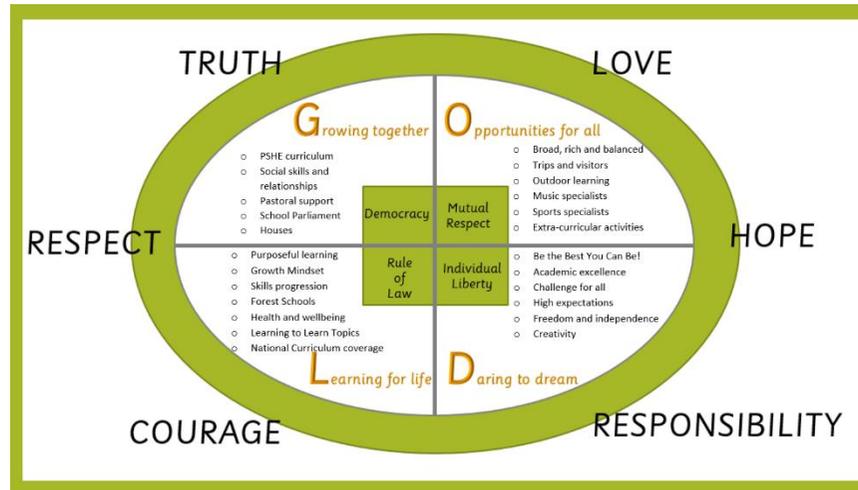


PSHE



Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Respect Hungry and Tired Zones of Regulation My Feelings (SCARF) Washing Hands (SCARF) I'm Sad Sometimes (SCARF)	Truth Hot and Cold There's No one quite like me (SCARF) What Makes Me Special (SCARF) Same and Different Families/Homes (SCARF)	Love Happy and Sad Scrummy Snacks (SCARF) Growing and Changing (SCARF) Move Your Body (SCARF) Life Stages (SCARF)	Hope Excited and Scared Clean Teeth (SCARF) A Good Night's sleep (SCARF) People Who Help Keep Me Safe (SCARF) Me and My Special People (SCARF)	Responsibility Surprised and Thirsty Keeping Safe Online (SCARF) I'm Special, You're Special (SCARF)	Courage Cross and Proud Seasons (SCARF) Kind and Caring (SCARF) Getting Bigger (SCARF)
Year 1	Me and my Relationships	Growing and Changing	Keeping Myself Safe	Being my Best	Valuing Difference	Rights and Responsibilities
Year 2	Rules	Anti-bullying	Well-being	Growing and Changing	Relationships	Well-being
Year 3	Relationships Friendships and valuing differences	Emotions Anti-Bullying	Healthy eating Alcohol and cigarettes	Wellbeing	The Proudest Blue – Identity/Diversity	Responsibility
Year 4	Relationships Emotions	Relationships Anti - Bullying	Well-being	Well-being Responsibility	Relationships Community	Growing and Changing Rules and First Aid
Year 5	Relationships	Emotions	Well-being	Well-being	Anti-bullying	Changing and growing
Year 6	Friendships/healthy relationships	Valuing difference	Healthy lifestyle	Keeping Safe	Rules, Rights and Responsibility	RSE