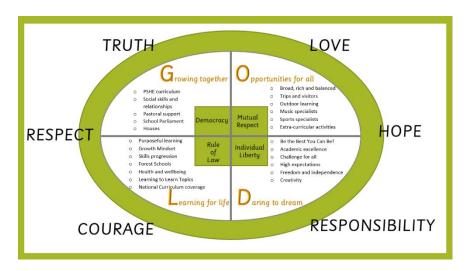
PSHE



Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Respect	Truth	Love	Норе	Responsibility	Courage
	Hungry and Tired	Hot and Cold	Happy and Sad	Excited and Scared	Surprised and Thirsty	Cross and Proud
	Zones of Regulation	There's No one quite like me	Scrummy Snacks (SCARF)	Clean Teeth (SCARF)	Keeping Safe Online	Seasons (SCARF)
	My Feelings (SCARF)	(SCARF)	Growing and Changing	A Good Night's sleep	(SCARF)	Kind and Caring (SCARF)
	Washing Hands (SCARF)	What Makes Me Special	(SCARF)	(SCARF)	I'm Special, You're Special	Getting Bigger (SCARF)
	I'm Sad Sometimes (SCARF)	(SCARF)	Move Your Body (SCARF)	People Who Help Keep Me	(SCARF)	
		Same and Different	Life Stages (SCARF)	Safe (SCARF)		
		Families/Homes (SCARF)		Me and My Special People		
				(SCARF)		
Year 1	Me and my Relationships	Growing and Changing	Keeping Myself Safe	Being my Best	Valuing Difference	Rights and Responsibilities
Year 2	Rules	Anti-bullying	Well-being	Growing and Changing	Relationships	Well-being
Year 3	Relationships	Emotions	Healthy eating	Wellbeing	The Proudest Blue –	Responsibility
	Friendships and valuing	Anti-Bullying	Alcohol and cigarettes		Identity/Diversity	
	differences					
Year 4	Relationships	Relationships	Well-being	Well-being	Relationships	Growing and Changing
	Emotions	Anti - Bullying		Responsibility	Community	Rules and First Aid
Year 5	Relationships	Emotions	Well-being	Well-being	Anti-bullying	Changing and growing
Year 6	Friendships/healthy	Valuing difference	Healthy lifestyle	Keeping Safe	Rules, Rights and	RSE
Teal 0	relationships	valuing difference	liearthy mestyle	Keeping Sale	Responsibility	NJE
	relationships				Nesponsibility	