



Online Safety overview



Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
All year groups	Online Relationships	Online Bullying Self-image & Identity	Managing Online Information	Online Reputation	Health, Well-Being & Lifestyle	Privacy & Security



PSHE Overview Reception



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
School Values	Respect	Truth	Love	Hope and Ambition	Courage	Responsibility and Participation
Themes	Me and my relationships	Valuing Difference	Growing and Changing	Being my Best	Keeping Safe	Rights and Respect
Reception	*What makes me special *People close to me *Getting help	*Similarities and difference *Celebrating difference *Showing kindness	*Cycles *Life stages *Girls and boys – similarities and difference	*Keeping by body healthy – food, exercise, sleep *Growth Mindset	*Keeping my body safe *Safe secrets and touches *People who help to keep us safe	*Looking after things: friends, environment, money

PSHE Overview Year 1

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
School Values	Respect	Truth	Love	Hope and Ambition	Courage	Responsibility and Participation
Themes	Me and my relationships	Growing and Changing	Keeping Safe	Being my Best	Valuing Difference	Rights and Respect
Year 1	*Feelings *Getting help *Classroom rules *Special people *Being a good friend	*Getting help *Becoming independent *My body parts *Taking care of self and others	*How our feelings can keep us safe – including online safety *Safe and unsafe touches *Medicine Safety *Sleep	*Growth Mindset *Healthy eating *Hygiene and health *Cooperation	*Recognising, valuing and celebrating difference *Developing respect and accepting others *Bullying and getting help	*Taking care of things: - Myself - My money - My environment



PSHE Overview Years 2 - 6



Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
School Values	Respect	Truth	Love	Hope and Ambition	Courage	Responsibility and Participation
Themes	Me and my relationships	Valuing Difference	Keeping Safe	Rights and Respect	Being my Best	Growing and Changing
Year 2	<ul style="list-style-type: none"> *Bullying and teasing *Our school rules about bullying *Being a good friend *Feelings/self-regulation 	<ul style="list-style-type: none"> *Being kind and helping others *Celebrating difference *People who help us *Listening Skills 	<ul style="list-style-type: none"> *Safe and unsafe secrets *Appropriate touch *Medicine safety 	<ul style="list-style-type: none"> * Cooperation *Self-regulation *Online safety *Looking after money – saving and spending 	<ul style="list-style-type: none"> *Growth Mindset *Looking after my body *Hygiene and health *Exercise and sleep 	<ul style="list-style-type: none"> *Life cycles *Dealing with loss *Being supportive *Growing and changing *Privacy
Year 3	<ul style="list-style-type: none"> *Rules and their purpose *Cooperation *Friendship (including respectful relationships) *Coping with loss 	<ul style="list-style-type: none"> *Recognising and respecting diversity *Being respectful and tolerant *My community 	<ul style="list-style-type: none"> *Managing risk *Decision-making skills *Drugs and their risks *Staying safe online 	<ul style="list-style-type: none"> *Skills we need to develop as we grow up *Helping and being helped *Looking after the environment *Managing money 	<ul style="list-style-type: none"> *Keeping myself healthy and well *Celebrating and developing my skills *Developing empathy 	<ul style="list-style-type: none"> *Relationships *Changing bodies and puberty *Keeping safe *Safe and unsafe secrets
Year 4	<ul style="list-style-type: none"> *Healthy relationships *Listening to feelings *Bullying *Assertive skills 	<ul style="list-style-type: none"> *Recognising and celebrating difference (including religions and cultural difference) *Understanding and challenging stereotypes 	<ul style="list-style-type: none"> *Managing risk *Understanding the norms of drug use (cigarette and alcohol use) *Influences *Online safety 	<ul style="list-style-type: none"> *Making a difference (different ways of helping others or the environment) *Media influence *Decisions about spending money 	<ul style="list-style-type: none"> *Having choices and making decisions about my health *Taking care of my environment *My skills and interests 	<ul style="list-style-type: none"> *Body changes during puberty *Managing difficult feelings *Relationships including marriage
Year 5	<ul style="list-style-type: none"> *Feelings *Friendship skills, including compromise *Assertive skills *Cooperation *Recognising emotional needs 	<ul style="list-style-type: none"> *Recognising and celebrating difference, including religions and cultural *Influence and pressure of social media 	<ul style="list-style-type: none"> *Managing risk, including online safety *Norms around use of legal drugs (tobacco, alcohol) *Decision-making skills 	<ul style="list-style-type: none"> *Rights, respect and duties relating to my health *Making a difference *Decisions about lending, borrowing and spending 	<ul style="list-style-type: none"> *Growing independence and taking ownership *Keeping myself healthy *Media awareness and safety *My community 	<ul style="list-style-type: none"> *Managing difficult feelings *Managing change *How my feelings help keeping safe *Getting help
Year 6	<ul style="list-style-type: none"> *Assertiveness *Cooperation *Safe/unsafe touches *Positive relationships 	<ul style="list-style-type: none"> *Recognising and celebrating difference *Recognising and reflecting on prejudice-based bullying *Understanding Bystander behaviour *Gender stereotyping 	<ul style="list-style-type: none"> *Understanding emotional needs *Staying safe online *Drugs: norms and risks (including the law) 	<ul style="list-style-type: none"> *Understanding media bias, including social media *Caring: communities and the environment *Earning and saving money *Understanding democracy 	<ul style="list-style-type: none"> *Aspirations and goal setting *Managing risk *Looking after my mental health 	<ul style="list-style-type: none"> *Coping with changes *Keeping safe *Body Image *Sex education *Self-esteem